

Addendum 1

Silent Sideline Rule **Addendum 1 East Cork Board** **League and Championship Rules 2022**

This Silent Sideline Rule is issued pursuant to Rules 180, 181 and 182 of the LGFA Official Guide 2021 or as amended.

It has been ratified at the East Cork Board Meeting held on 9th February 2022 and is registered as Addendum No. 1 to the East Cork Board League and Championship Rules 2022.

Silent Side Line : For U12 matches and downwards silent side lines will be enforced by the referee or by an East Cork executive member in attendance; any reported breach of this rule will be subject to Coda.

SILENT SIDELINE RULES Apply to all age games at Under 12 and younger games, under the auspices of the East Cork Board of Cork Ladies Gaelic Football Association.

The aim is to improve the fun and learning experience for all of the players.

There shall be no coaching from anyone on the sidelines or from anywhere in the environs of where the game is being played – this includes all team mentors, parents and supporters.

It extends to every decision to be made by any player on the field, such as whether to run back or forward, whether to kick or handpass, long or short etc.

One designated coach may give individual instructions when play is stopped.

No encroachment shall be allowed onto the field of play by anyone other than players and referee (except in the case of an injury to a player).

Parents/Supporters may applaud positive play, congratulate girls on their performance/skills and encourage them

- Absolutely NO shouting or directing at the players or officials from the sidelines shall be allowed;
- Coaches shall speak to players at halftime and when making changes ONLY;
- Clapping & cheering shall be allowed for scores and effort from both sides;
- No directing or coaching advice shall be allowed from adults at anytime;
- No questioning of the official in charge of the game shall be allowed.

Encourage, Praise, Clap and Cheer